



## Spa Night Experience

Wellness under the stars

**Every Friday 8 pm - 11 pm**

- ◆ Aufguss rituals in Bio-sauna with aromatic herbal and Finnish sauna
- ◆ Healthy aperitif accompanied with sparkling wine on the terrace
- ◆ Peaceful moments in our relax area
- ◆ Sound bath in the pool (with Tibetan bells or Celtic harp or gong or hang) to conclude

**Upon reservation. 65 € per person.**

TALASSIO  *4art*

Inside our Thalassio SPA guests can find the exclusive art exhibition: **Talassio4Art.**

Back in 2021 the Grand Hotel Alassio designed this magical experience; we strongly believe that art can give a great added value to physical and mental well-being.

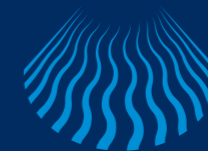
This year the Thalassio Medical SPA is excited to welcome **Binny Dobelli's** artworks.

A universe that is in constant change, day and night, it's never the same; a prey difficult to capture, even if only with the gaze.

*All the exhibited artworks are for sale.*



**Grand Hotel Alassio Beach & Spa Resort – Thalassio Medical Spa**  
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**THALASSIO**  
*Medical Spa*

TALASSIO  *Collection*  
ALASSIO SANREMO ELBA

THALASSOTHERAPY CIRCUIT		
Circuit with spa entrance from Monday to Friday	3h	46 €
Circuit with spa entrance during weekend and holidays	3h	56 €
Children's entrance during the week, weekends and holidays	3h	28 €
<i>Bathrobe, towel, slippers, locker and herbal tea at the relaxation area, are included in the price</i>		

WELLNESS FORMULAS		
5 Wellness entrances at the Thalassio Medical Spa	3h	195 €
10 Wellness entrances at the Thalassio Medical Spa	3h	360 €
Wellness break Entrance of 3h and 50' of customized treatment	4h	160 €
Morning Open day Entrance of 3h and 50' of customized treatment and lunch	4h	205 €
Talassio & Restaurant Entrance and lunch	3h	155 €
Wellness Light lunch from Monday to Friday		70 €
Wellness Light Lunch during weekend and holidays		85 €
Wellness Aperispa Entrance and aperitif, from Monday to Friday	3h	65 €
Wellness Aperispa Entrance and aperitif, during weekend and holidays	3h	75 €

THALASSO TREATMENTS		
Aquatalax	25'	65 €
Thalasso Osmosis	25'	65 €
Analgesic Water	50'	150 €
Massage Therapeutic	50'	150 €
Lymphodrainage Vodder	50'	150 €
Thalasso Massage	50'	120 €
Seawater Treatment	50'	120 €
Posturology with stretching and lengthening	50'	120 €

HOLISTIC TREATMENTS		
Holistic Treatment Massage promoting muscle tone, improves elasticity and reduces muscle tension	50'	120 €
Bioenergetic Zen Treatment Stretching and reactivation of body meridians	50'	120 €
"Just us" in SPA Suite Wellness treatment for couples	50'	240 €

DETOXIFYING BODY TREATMENTS		
Total Body scrub	50'	120 €
Total Body scrub in osmosis	50'	120 €
Thalasso detox based on seaweed Lipolytic treatment	50'/80'	120/180 €
Personalized body wrap	50'	120 €

FACIAL RUTUALS		
Purifying ritual	50'	110 €
Restorative hydrating ritual	50'	125 €
Revitalizing ritual	50'	135 €
Anti- age	50'	135 €
Gentleman purifying face Ritual	50'	110 €

BODY MASSAGE		
Body relax and customized massage	50'	120 €
Draining massage	50'	120 €
Decontracting massage	50'	120 €
Sportive customized massage	50'	120 €
Deep Tissue massage	50'	120 €
Swedish massage	50'	120 €
Candle massage	50'	135 €
Partial body massage	25'	85 €

ORIENTAL TECHNIQUES		
Snehana Ayurvedic massage	50'	140 €
Tonic Ayurvedic massage	50'	140 €
Plantar reflexology symptomatic approach	50'	140 €
Lomi Lomi Nui	80'	170 €
Hot stone therapy	80'	170 €

SENSORIAL RITUALS		
Oriental detox itinerary	80'/120'	190/240 €
Relaxing escape	80'/120'	190/240 €
Energizing escape	80'/120'	190/240 €
Marine Ritual with Calcium & Magnesium	80'/120'	190/240 €
Protective- oxidant ritual	120'	235 €
Nourishing and revitalizing ritual	120'	235 €

SPECIAL TEENAGER (11- 16 YEARS OLD)		
Sweet Massage	25'	65 €
Face cleansing	40'	80 €

BEAUTY TREATMENTS		
Manicure	50'	65 €
Supplement for semi-permanent nail		20 €
Gel nail polish removal		15 €
Pedicure	50'	80 €
Manicure & Pedicure	90'	120 €

EPILATION	
Armpits / arms / bikini	20 €
Total bikini	35 €
Face	15 €
Half legs / back	50 €
Full legs waxing	70 €
Full legs and bikini waxing	95 €

Talassio Gym

is open everyday from 7 AM to 8 PM

On request. Please do not hesitate to contact the Grand Hotel Alassio's Reception Staff.

Thalassio Medical Spa

is open everyday from 10 AM to 8 PM

Children up to 12 years old are allowed to access the SPA in the morning from 10 until 1 pm on request and by reservation.  
Upon reservation, we kindly ask you to inform us regarding your allergies, intolerances, recent surgical interventions etc...